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### **EFFECT OF DOLPHINS ON THE HUMAN BIOFIELD USING GDV ANALYSIS**

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My presentation begins with the question: “Can interaction with wild dolphins have an effect on our energy fields and chakras?”

I first became interested in how dolphin interactions might affect healing traumas, releasing toxicities and reducing stress through my craniosacral training at the Upledger Institute in Florida, U.S.A. Dr. John Upledger’s research showed that clients responded very favorably when he performed craniosacral sessions while dolphins were swimming nearby.

Neuroscientist Dr. John Lilly also studied the effects of wild dolphins on humans for more than 20 years. He found dolphin interaction could help people improve their health.

In this study, I present the GDV analysis of the effects daily dolphin swims had on participants during a 2010 Wellness Retreat in Hawaii. I will also share my interpretations of how this powerful healing modality can have a strong effect (imprint) on the fluid system of humans and how those imprints express in the GDV data.

This paper will demonstrate that dolphins have an extraordinary energy. When a pod swims together in the ocean, an energy vortex is created. Humans are mostly fluid (70%), so when we enter the energy field of the dolphins their energies meet the fluid imprints within each of us. Life imprints created at a lower fluid resonance within each person get awakened for healing. Also, the sounds of dolphins – through their sonar – move our fluid and find places in the fluid imprints that release energy patterns. Since our fluid carries information and energy, the sonar helps move these in the body to create more resonance. Finally, while together in the water, dolphins use an intelligence that scans the human field and fluid system with positive results.

#### **Method**

The EPI camera is one of the most effective tools for measuring the biofield. The results are quantifiable, reproducible, and repeatable which makes it a reliable scientific tool for research. Dr. Korotkov had recommended I measure all fourteen subjects one hour before the morning dolphin swim and one hour after the dolphin swim at the retreat center each day. The group met in a circle after dinner each evening, and I led a program on some type of vision therapy or subtle energy process to help people integrate the energy they received from the daily swims.

#### **Daily Retreat Activities as Background for Interpreting Results**

Sunday night, October 31. Captain Nancy and her staff from Dolphin Journeys gave us a detailed orientation on water/boat safety. She talked to us about her experiences swimming with dolphins, recommending that we not touch the dolphins and that we let the dolphins approach us in the water. If they want to interact with us, she explained, they let us know by swimming with us. If they do not want to interact with us, they will simply swim by (as they did many times).

She gave us some other important facts about the dolphins: They are sleek and move aerodynamically through the water. They are conscious, air breathing mammals and inhabit all the oceans of the world. Some dolphins are shy while others approach humans out of

curiosity. Captive dolphins do not have the same energy and sonar capabilities as wild dolphins swimming in the ocean. Dolphins make many sounds both for navigation and for communication. They can moan, whistle, squeak and click. You can hear and feel these sounds if they are swimming nearby, and the sounds can be amplified by the water. Dolphins are highly intelligent, playful and sensuous creatures. They are a joy to be around.

After our orientation, she put us in different swimming groups (pods) based on our swimming skills and assigned a staff member to each pod.

Monday, November 1: We met at the marina and came into a circle where we were greeted with a morning Hawaiian prayer to solidify our human pod. Our boat headed north, and within 15 minutes we were greeted with a large pod of dolphins. We could hear and feel their sonar, which became a major theme for the day. After an invitation from them, our human pods entered the water. Most people had strong interactions with the dolphins. We all got “zapped” by them, and everyone was very tired after a four-hour swim. We headed back to the retreat center for rest and integration.

In the evening, I led a session showing everyone’s initial energy field and chakra reading from the EPI camera. I described this session as an initiation for this new science of being able to measure changes in human transformation.

Tuesday, November 2. We met up with a large pod of dolphins, but they were traveling South and were not interested in interacting with us. Instead, we discovered some manta rays who wanted to swim with us. They are very colorful and their swimming is very fluid and graceful. Swimming with them in the daytime is unusual, but we all had amazing interactions. They showed us how to move our bodies in a more fluid and flexible way while swimming in the ocean. We swam with them for almost one hour as they cleaned themselves and danced around us. Everyone seemed very satisfied and quiet as we headed back to the marina.

In our evening session, I introduced the group to light/color/sound therapy. I began treating people with light therapy in 1986. The eyes are one of the most direct ways to apply light therapy to the body, because the retina acts like a satellite dish containing approximately 137 million photoreceptors that receive light and transfer it throughout the body and energy fields. In this process, we did the Rainbow method which means we looked through all the major colors of the visible spectrum. I presented this practice to the group because, over the years, I have noticed that the more comfortable they became with receiving all the colors without reaction, the more satisfied they were in the life. When someone could not embrace a certain color, this response told me they were unstable in expressing themselves emotionally. For example, if a person initially does not like red but starts accepting red into their eyes and body, it may help them soften their survival or money or abundant health issues – or even whether they want to live or die. This may sound dramatic, but vibrational medicine has a way to penetrate our defenses and get us in touch with our core issues.

In this evening session, each person looked through colored gels along the ROYGBIV color spectrum while listening to sounds that correlate to our seven major chakras. We also used medicinal essential oils (adaptagenic essences from plants which also increase our vibration) to support the entire experience.

Wednesday, November 3. This was not a swim day. Some people chose to go sightseeing, get a massage, or go to the beach. Some group members went on an excursion with a local Hawaiian woman to Mauna Kea, a sacred mountain on the other side of the Big Island that at its peak is nearly 14,000 feet above sea level. The guide shared local cultural stories about the history of Hawaii and showed different aspects of the plants and foliage as the group traveled up the mountain. At the top, people were treated to an observatory with telescopes where they did some stargazing.

Thursday, November 4. Each person had a personal encounter while swimming with the dolphin pod. We swam with babies and their parents, and it was almost overwhelming to see so many around us. We also snorkeled and swam in the deeper part of the ocean for a very enjoyable and playful experience.

Thursday evening I led a session introducing everyone to a variety of vision therapy activities to strengthen both their physical and spiritual vision. When asked about my innovative approach to improving physical vision, I explained the key is that the clearer we can see inside ourselves using inner vision, the clearer our physical vision will become. The allopathic model of eye care says: "Let's fix the defective eyeball by prescribing a lens to correct the blur." This approach only freezes the visual pattern. I believe what we need to do is explore the programming behind the eyes and become aware of the patterning in the brain, body and energy fields that cause the "defective eyeball" in the first place. This philosophy is not for everyone, because it requires time and inner reflection.

Friday, November 5. We saw both bottle-nosed dolphins and spinners on this excursion. Bottle-nosed dolphins are larger than spinner dolphins and swim a bit further out from shore. The bottle-nosed are considered the smartest of all dolphins. The spinner dolphins are very playful and like to jump out of the water and do acrobatic twirls and flips with their body.

In the evening we had a closing circle, and each person shared how deeply he or she had changed over the week.

### **Results**

Dr. Korokov's team is processing the results—I will send them the article and they will fill this in for me.

### **My observations:**

Swimming with the dolphins helps dissolve constraints and liberates us from the "Stockholm Syndrome." The retreat helped us create innovation in our fluid system, where new beginnings can occur. Receiving sonar from the dolphins increased the flow of information to the brain and nervous system, which allowed our human systems to receive the nourishment needed to recharge ourselves and connect to our bio-intelligence. Our bio-intelligence is like an umbilical cord connecting us to the cosmos and feeding us in a way that most of the human species misses. Adults are 70 percent water, and the Earth is about 70 percent water. As we begin to affect our own fluid vibration, we are also influencing the energy of all human beings on the planet.

In measuring biofields, I have observed that toxicities (both outside chemical and inside emotional), stress, trauma, and constant use of electronics are creating a disconnect with the Schumann Resonance. (The Schumann resonance is a very slow pulse in the Earth's vibration that is a result of the balance between magnetism and electricity. This pulse exists in the background, and it has been compared to a tuning fork of sorts for all species. It organically coordinates many of the biological rhythms, brain waves and endocrine functions of our life energy.)

The average person's biofield is becoming less coherent and more compressed, leading to a deterioration in our health and wellness. This deterioration shows up as a phenomenon of not being able to replenish or nourish ourselves. Instead of "thriving," we are "surviving." The spikes, spaces, and jagged formations measured in an average person's energy field show me that we are walking around in a very depleted state of consciousness. We create the frenetic pace in our lives as a way to try and recharge our energy, but it only creates more depletion. The more we can soften the things that inhibit us, the more we allow the bio-intelligence to come forward to create a self-healing. The dolphins help us reconnect to this bio-link.

This process of self-healing is most effective when there is an active engagement with the subtle energies presented. Remaining passive will not get the job done. It is also important to note that when we start interacting with our depleted energy imprints, a natural recoil of our defenses will arise for our protection. This was illustrated when some energy fields looked more jagged and irregular after certain days of the dolphin swims. The key is to be able to receive and integrate subtle energies so that our energy field can be saturated with this new information.

Applications of GDV, Research Methods, Results of Research, Conclusions

References:

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