

SCIENCE, INFORMATION AND SPIRIT · BARCELONA · 2026

Adhesive Electrodes

A simple, flexible new way of measuring with the Bio-Well Accessories insert

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Expert in energy field testing with 27 years of experience in quantum physics and biophotonics
in collaboration with Michael Koenen

01 · STARTING POINT

The problem with the glove

I wanted to see live results during healing sessions and meditations – but after every client, the glove had to be cleaned.

Wash

after every single client

Dry

before the next person
can use it

Or buy more

several gloves, just to
save time

The glove



02 · THE SEARCH

A chance tip from a veterinarian

Only two electrodes come with the glove – enough to test only **two people**.

A plastic strip on the skin as a protective layer? Very uncomfortable for clients.

Then a vet in my training: disposable ECG electrodes are standard for monitoring sedated animals – with the same snap connectors and cables as our Accessories insert.

**100**

disposable electrodes for about €20,
ordered online

For the adhesive electrode, we always use the **Sputnik insert** with the matching symbol on it. It is the part **without a built-in cable and without grounding contacts.**



03 · TESTING PLACEMENT

Where the electrode can go

Neck

Temple, beside
the ear

Forehead

Over the thymus

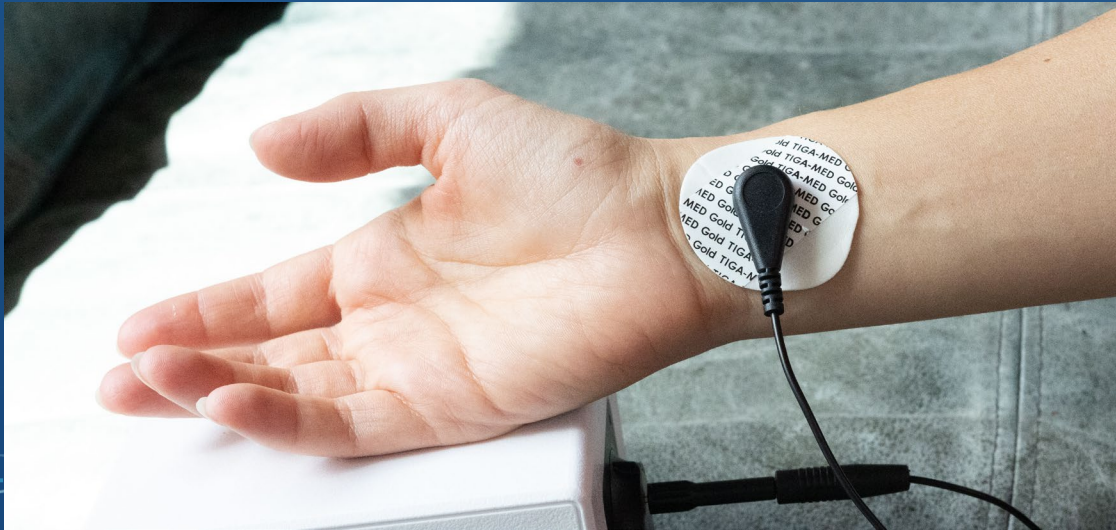
Hairless wrist

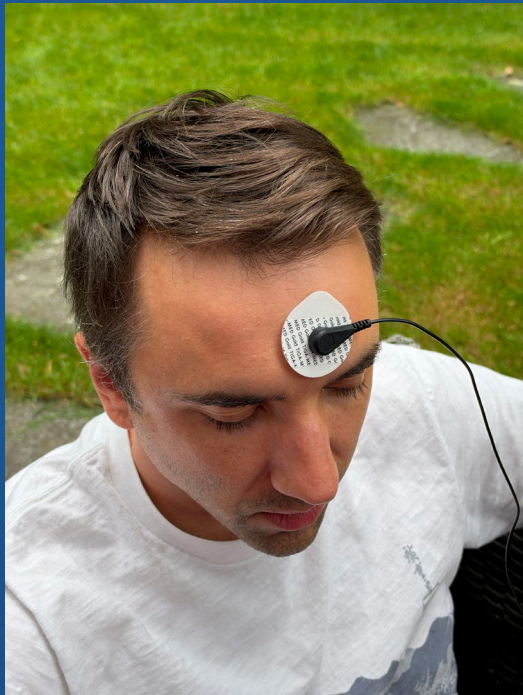
Foot, beside the
Achilles tendon

A baby's foot

Animals

rubber bands or straps
instead





04 • COMPARISON

Glove or adhesive electrode?

	Glove	Adhesive electrode
Hygiene	Wash and dry after each client	Disposable, fresh for everyone
Appearance	Less clinical look	Clinical and professional
Children & animals	Not suitable	Possible
Handling	May be slightly more precise	Simpler and more practical
Mobility	One hand is blocked	Both hands stay free

Wonderful results – yet hardly anyone talks about this option.



05 · SELECTION FROM OUR TEST SERIES

Our results in six examples

A Bio-Cor relaxation with binaural beats

B Triathlon: German vice-champion

C Hypnosis sessions

D Breathwork to ice bath, uninterrupted

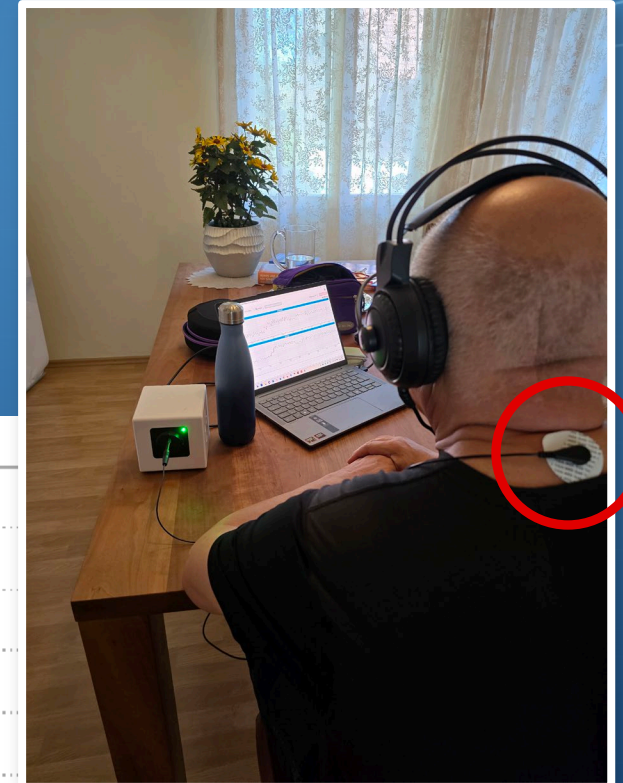
E Body-detox foot bath

F Electric cars during a 1-hour drive

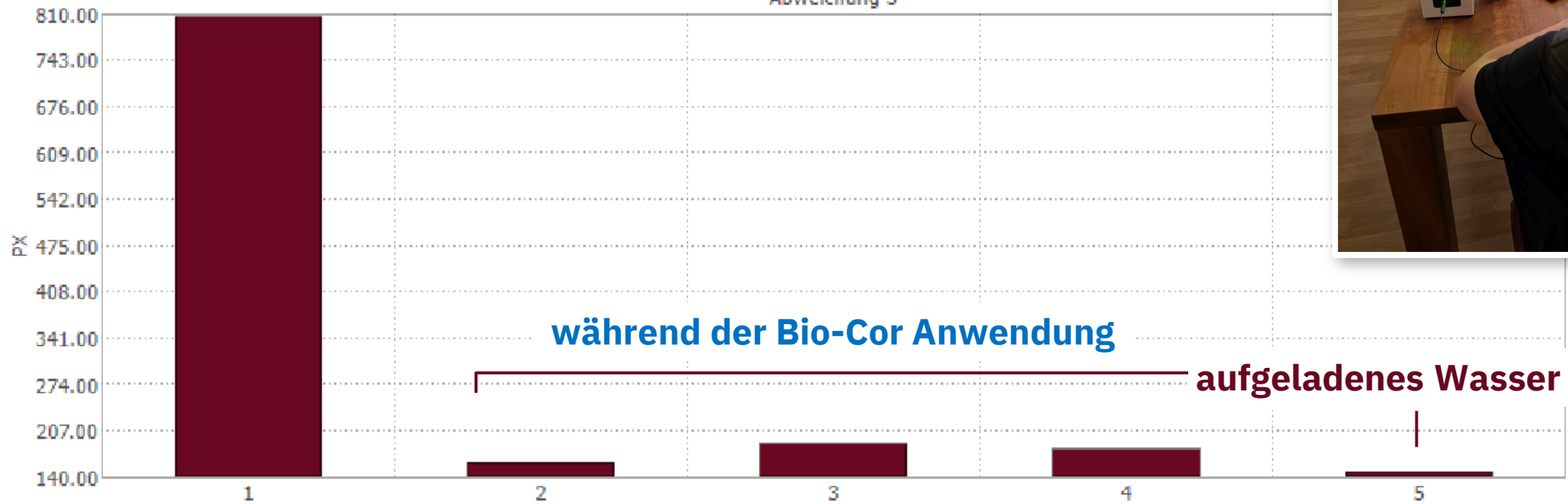
EXAMPLE A · BIO-COR RELAXATION

Bio-Cor relaxation with binaural beats

20 min. in total



Abweichung S



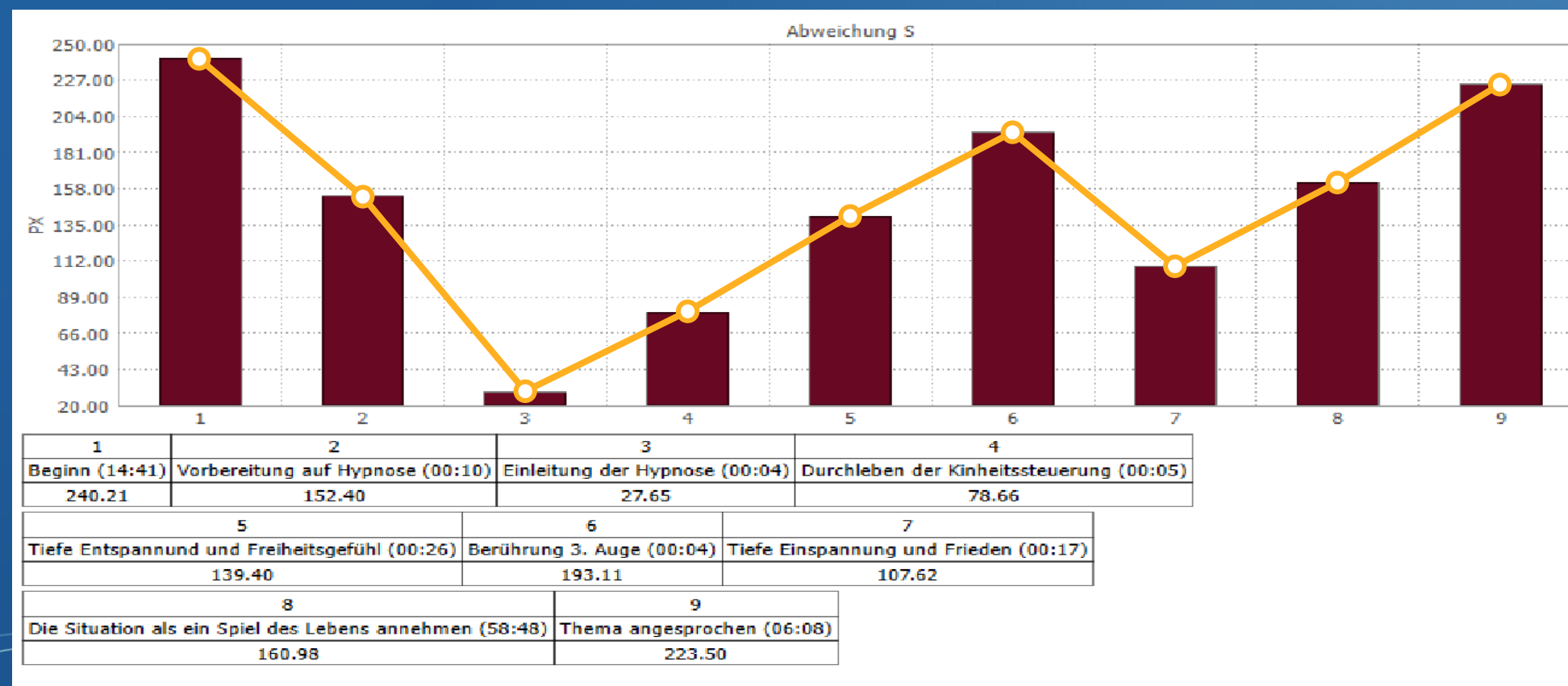
während der Bio-Cor Anwendung

aufgeladenes Wasser

1	2	3	4	5
Beginn (04:04)	Bio-Cor Musik (03:57)	Halbzeit Bio-Cor Musik (04:27)	Ende Bio-Cor Musik (02:57)	aufgeladenes Wasser (02:52)
803.24	158.23	185.42	179.31	146.12

EXAMPLE B · TRIATHLON

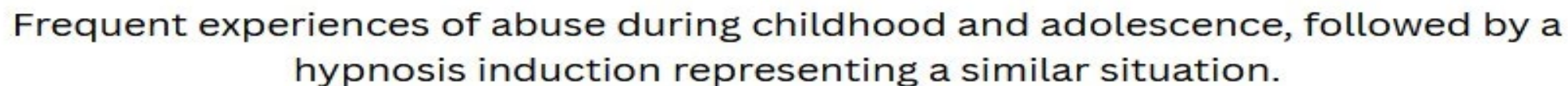
Triathlon coaching with hypnosis



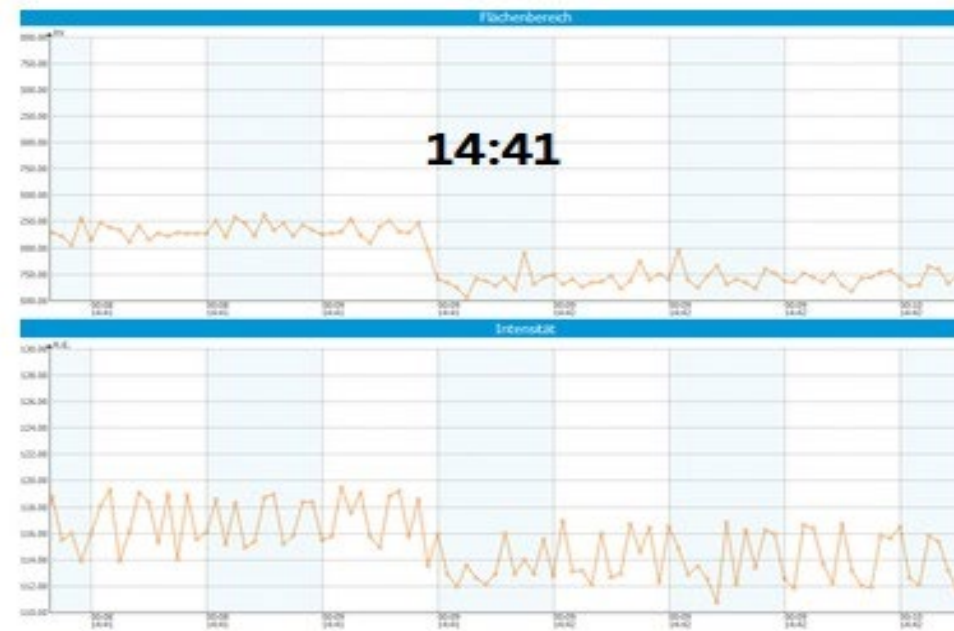
Triathlon vice-champion Germany

Hypnosis sessions

Michael Koenen, hypnotist

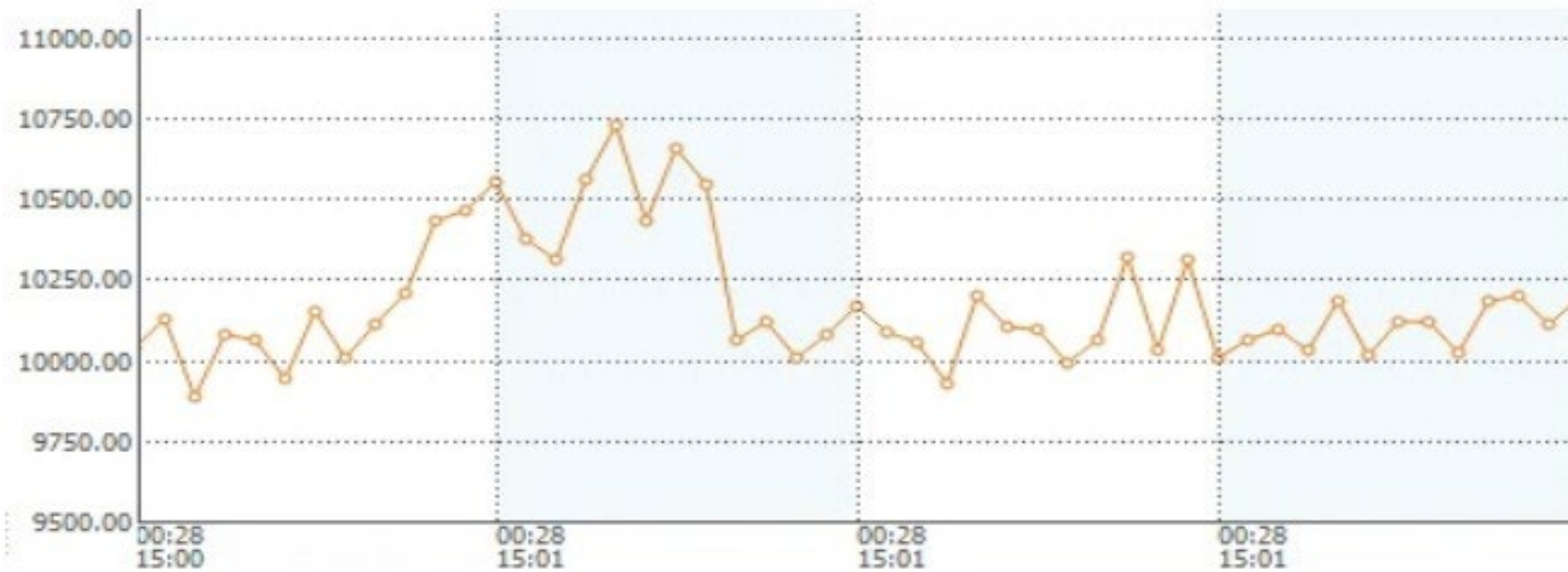


EXAMPLE C · HYPNOSIS

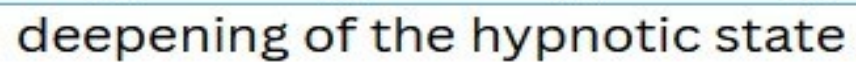
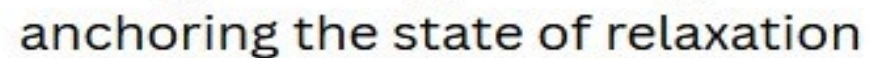
Becoming aware of what happened

Relaxation of the system following the processing and integration of the underlying connections, with the corresponding response demonstrated using the Bio-Well.

EXAMPLE C · HYPNOSIS

Experiencing a feeling

the implementation of the word “freedom” immediately triggers a response and illustrates the impact of the therapist’s choice of words



EXAMPLE D · BREATHWORK AND ICE BATH

Breathwork to ice bath, uninterrupted

Breathe

Several people follow the same sequence with breath holds



Move

Bio-Well and laptop on a board – we walk outside together

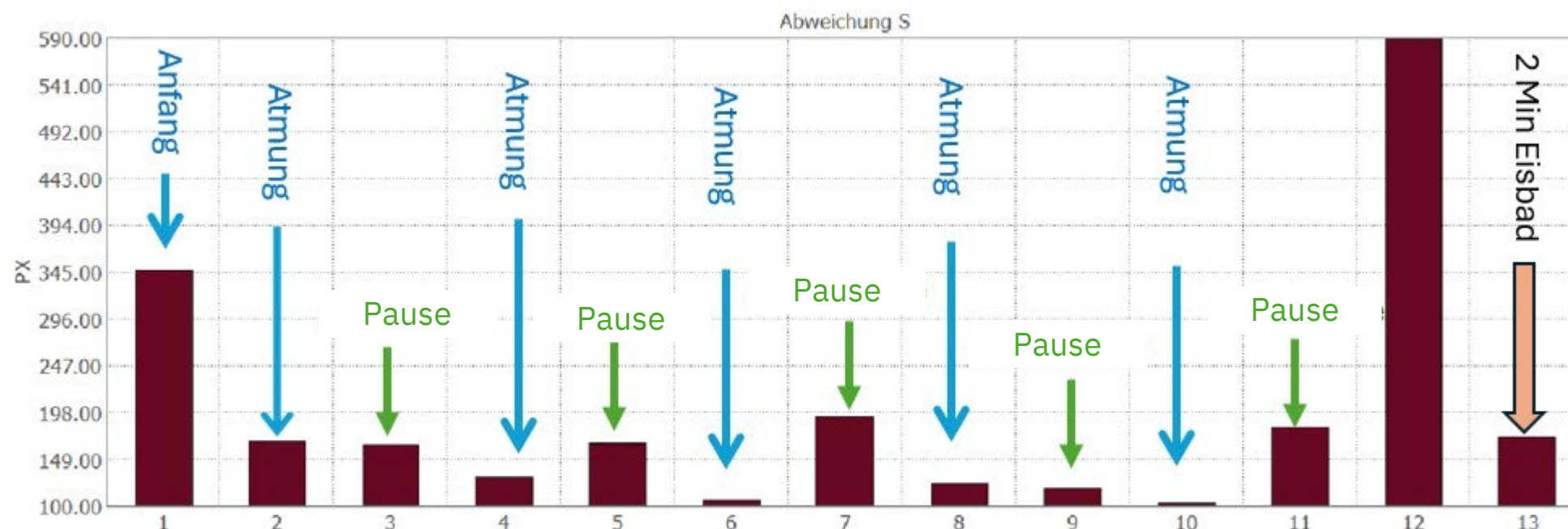


Ice bath

The head stays above water – the temple electrode keeps measuring



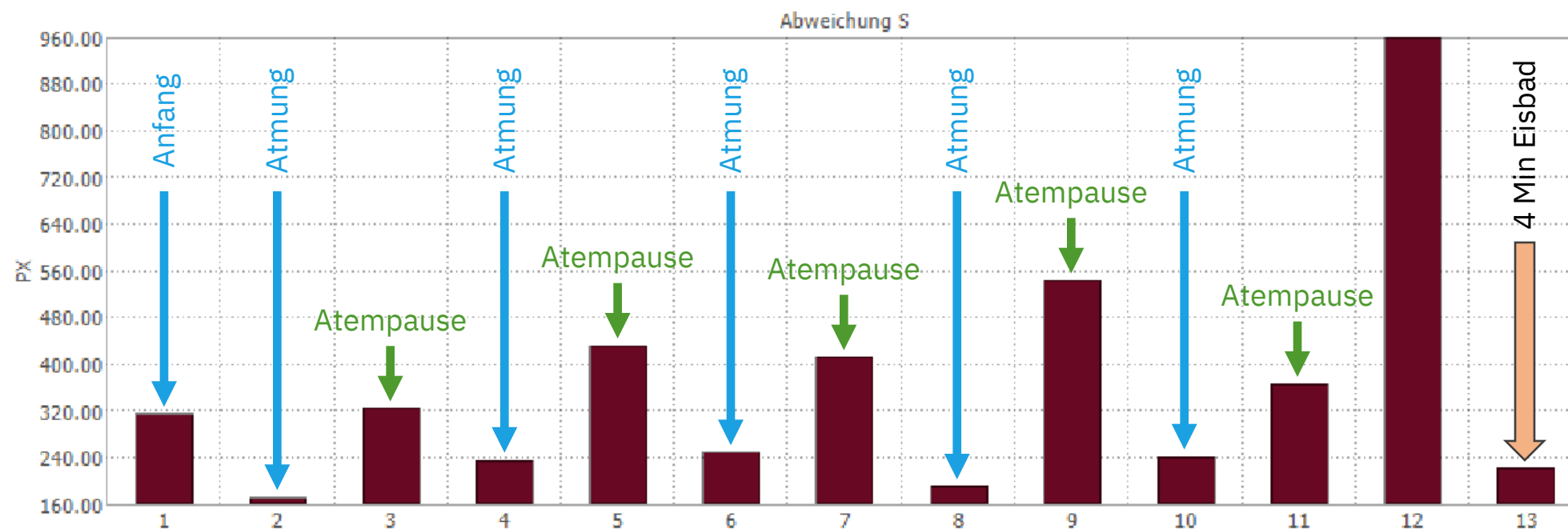
Atemfitness und Eisbad im Salon d'Air mit Bio-Well Testverlauf



1	2	3	4	5	6	7
Beginn Atemübung (01:14)	Schnelle Atemzüge (02:06)	Atempause (01:52)	2. Atemrunde (02:06)	Atempause (02:14)	3. Atemrunde (02:32)	Atempause (02:39)
345.63	166.38	162.44	128.54	164.49	104.88	192.40

8	9	10	11	12	13
4. Atemrunde (02:14)	Atempause (02:43)	5. Atemrunde (02:59)	Atempause mit Lungen voll (03:07)	Ende der Atemübung (02:25)	Einstieg ins Eisbad (01:34)
122.12	117.09	102.09	180.51	587.49	170.85

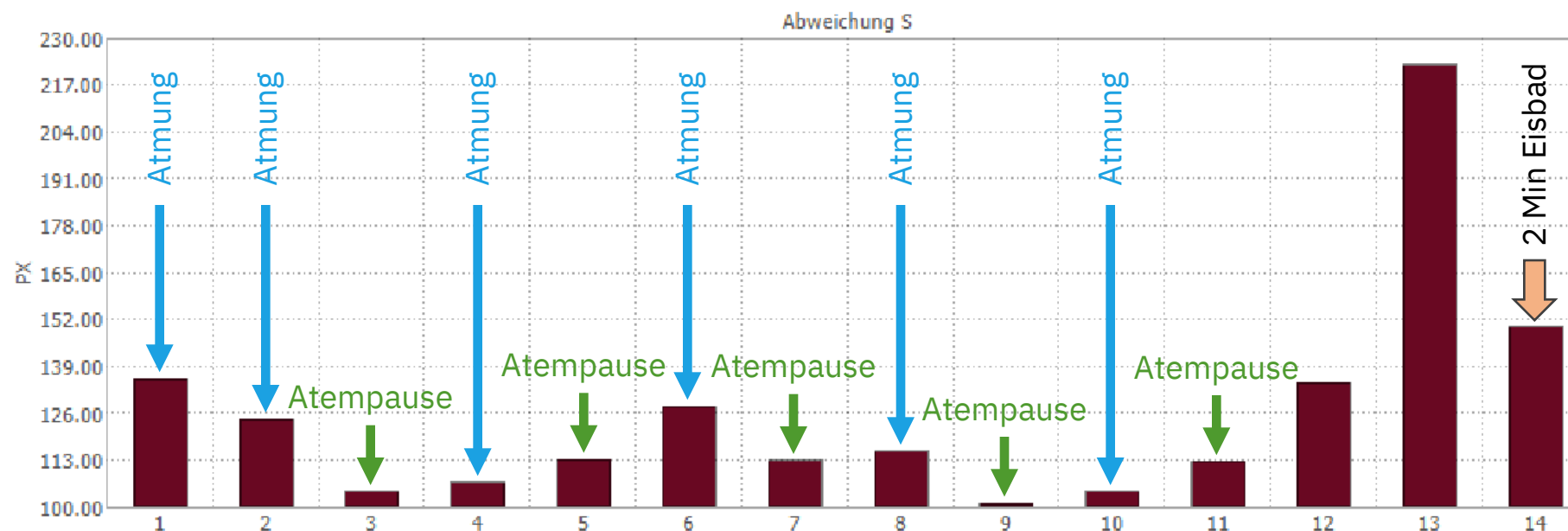
Proband 09



1	2	3	4	5	6	7
Vor Atemübung (02:55)	1. Atemrunde (03:23)	1.Atempause (01:54)	2. Atemrunde (02:18)	2.Atempause (02:05)	3. Atemrunde (02:49)	3.Atempause (02:19)
312.70	168.54	321.81	233.29	429.35	245.08	410.72

8	9	10	11	12	13
4. Atemrunde (02:13)	4.A tempause (02:36)	5. Atemrunde (03:12)	5. Atempause (02:53)	zum Kaltwasserbad gehen (02:28)	Eisbad (04:09)
188.10	541.38	239.86	363.70	956.93	219.88

Probandin BM



1	2	3	4	5	6	7
1. Atemrunde (01:45)	schnelle Atmung (01:49)	Atempause (01:56)	2. Atemrunde (02:13)	Atempause (01:59)	3. Atemrunde (02:46)	Atempause (02:22)
135.21	124.03	103.92	106.56	112.79	127.43	112.65

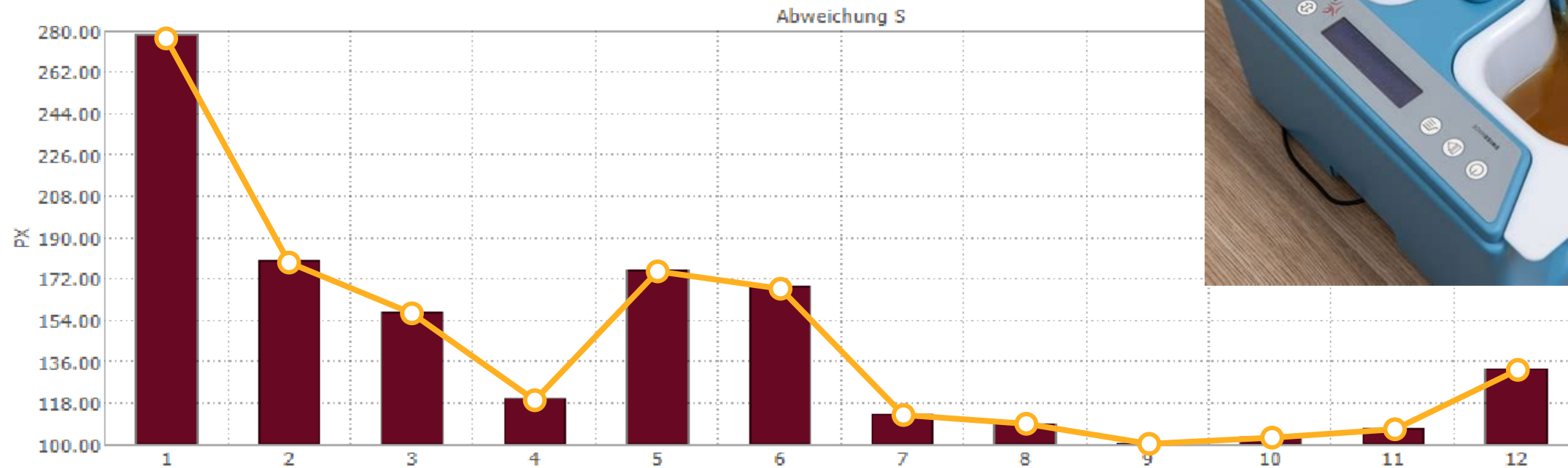
8	9	10	11	12	13
4. Atemrunde (02:14)	Atempause (02:44)	5. Atemrunde (03:15)	Atempause mit vollen Lungen (02:46)	Ende der Atempause (01:06)	wir gehen zum Eisbad (02:11)
114.99	100.65	103.94	112.25	134.18	222.29

14
im Eisbad (01:33)
149.44

EXAMPLE E · BODY-DETOX FOOT BATH

Body-detox foot bath

Used for heavy metal detoxification



1	2	3	4	5	6
Body Detox Start (05:00)	1 Bezeichnung (05:44)	2 Bezeichnung (05:00)	3 Bezeichnung (05:00)	4 Bezeichnung (05:00)	5 Bezeichnung (05:00)
277.77	179.49	157.23	119.12	175.62	168.02

7	8	9	10	11	12
6 Bezeichnung (05:00)	7 Bezeichnung (05:00)	8 Bezeichnung (05:00)	9 Bezeichnung (05:00)	10 Bezeichnung (05:00)	11 Bezeichnung (04:48)
112.66	108.79	100.01	102.72	106.41	132.44

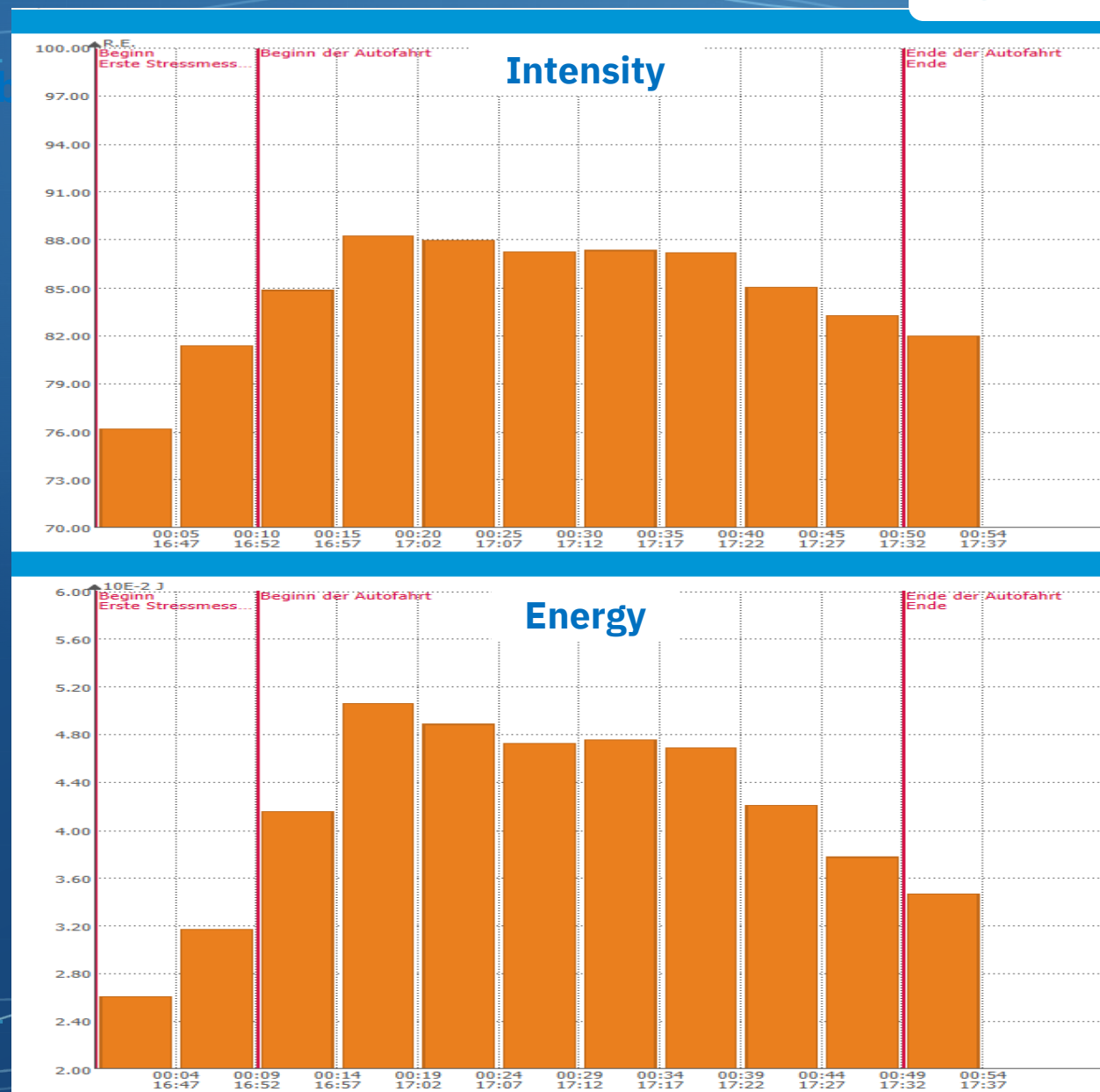
EXAMPLE F · ELECTRIC CARS

Electric cars during a 1-hour drive



Tested by Dr. med. Walter Lintner

Prob



06 · EVALUATION

Reading the results

The most useful parameters to observe:

Intensity Energy

Live: the therapist watches the curves during the session.

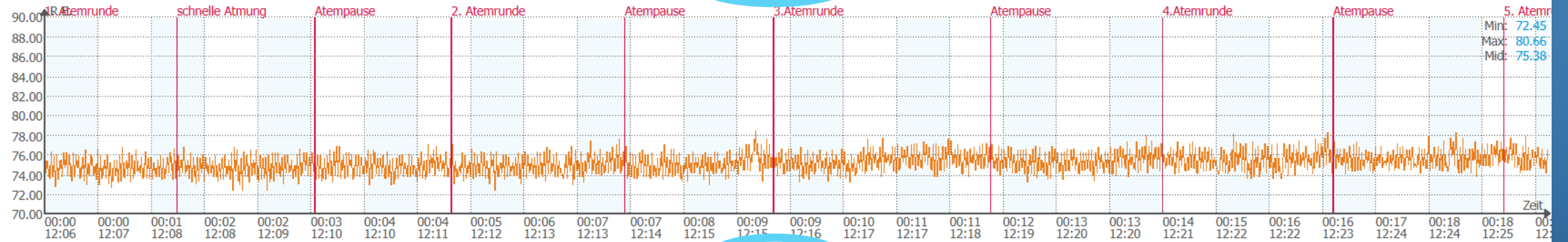
Afterwards: we analyse the final report.

Standard deviation

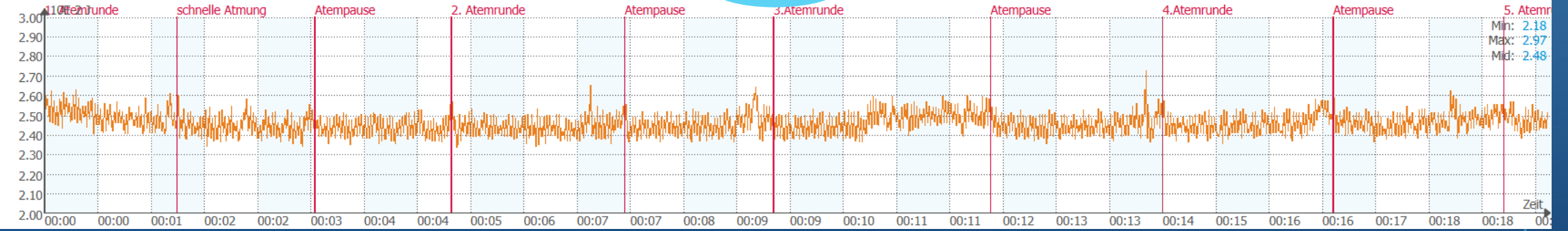
Shows the fluctuation between measurement points – one every second.

Compared within a sequence of, for example, two minutes, it shows clearly whether a person's energy system **calms down** or becomes **more agitated**.

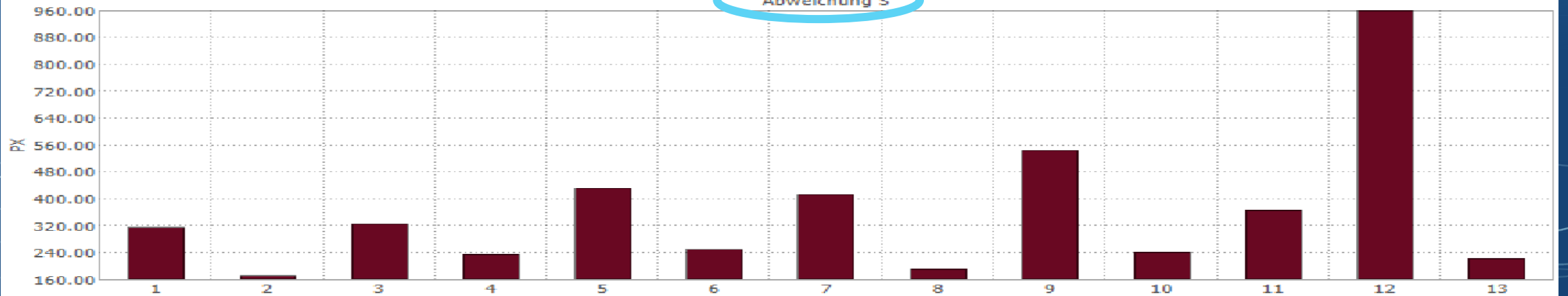
Intensität



Energie



Abweichung S



Best practice for clean data

Label live

Type single letters into the software during the measurement – no extra note-taking.

Clear sequences

Clean gaps between sequences, so they match the real course of the session.

Record on video

A phone records the whole session – every sequence and intervention can be traced later.

Full scan before and after

All ten fingers at the start and at the end – with electrode or glove.

08 · PERSONAL SERVICE FOR MY CLIENTS

My clients get electrodes

10+



As a small gift, I include 10 extra adhesive electrodes with every pair of gloves I ship, so my clients can start taking measurements on their own, just as I've shown here.

(TIGA-MED Gold)

Healing sessions

Training and education

Meditations with clients

Deep forgiveness ceremonies

Breathwork

Sport

Electric cars

Hypnosis

CONCLUSION

Simple. Effective. Gentle.

Adhesive electrodes open Bio-Well measurement for real-time observation during coaching, hypnosis, work with children and much more.

Thank you!

Elisabeth Dornbierer Pirchl, Switzerland

Michael Koenen, Germany

